

## Set Up An ETF RSP Now? Your Future Self Will Thank You

### Description

Parents, you can even do this for your children. Here's why I think a Regular Savings Plan (RSP) will be the one of the best moves you can make for your own financial future – whether in terms of actually beating inflation, cultivating positive financial habits, automating your investments so that it runs while you pursue your career...or even as a teaching and legacy tool while your children are growing up.







When I first started investing in my early 20s, initial capital was a real problem.

Back in those days, the minimum lot size on SGX was 1,000 units. As an investor who wanted to buy just 1 lot of DBS shares at ~\$20 back then, I needed to commit upfront a minimum of approximately \$20,000 (1,000 x \$20 = \$20,000). I thought that was a lot of money for a new investor like me – for exposure into just one single stock!

Thankfully, SGX reduced the minimum board size down to 100 units in 2015, which then made individual stocks more accessible for me. **But if there is one thing I wish I had done differently when I first started investing, it would have been to set up a Regular Savings Plan (RSP) right from the start.**

# Why every new investor should start a Regular Savings Plan

by Budget Babe

COMPOUNDS OVER TIME	CULTIVATES DISCIPLINE	PERFECT FOR LAZY / BUSY FOLKS	MOTIVATES YOU	LOW CAPITAL
				
<ul style="list-style-type: none"><li>• Harnesses the time value of your money</li><li>• Lets it grow steadily over time</li></ul>	<ul style="list-style-type: none"><li>• Dollar cost averaging</li><li>• Invests steadily and regularly, without timing the market</li><li>• Automatically buys more when prices are lower, and less when prices rise</li><li>• Stays invested even when people are reacting emotionally to market movements</li></ul>	<ul style="list-style-type: none"><li>• Continues running for you even when you are busy at work, or too lazy to do investing research and due diligence</li><li>• Does not require any ongoing effort after your initial set-up</li></ul> 	<ul style="list-style-type: none"><li>• Once you start to see the returns over time, you will truly understand why investing is such a powerful tool for your future</li><li>• Can be a strong motivation for you to learn to invest better and move into active investing.</li></ul>	<ul style="list-style-type: none"><li>• You can start with just \$50 or \$100 a month</li><li>• Even when you've overspent your monthly budget, the low amount makes it easy for you to upkeep</li></ul>

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What I observed was that many retail investors who started their investing journey during the pandemic were drawn by the allure of US stocks and spurned the Singapore market. Many ended up buying hyped stocks such as Tesla, Peloton or Palantir, causing their own investing journey to be fraught with much volatility. The outcome today? Many are sitting on losses now and not wanting to touch – or even look – at their portfolio.

On my recent podcast interview with ex-GIC chief and former Presidential candidate Ng Kok Song, he pointed out that the US stock market is now 70% of the global market cap, yet the American economy is only 20% of the global economy – a possible sign that valuations are at inflated levels, pushed up by technology and AI stocks in recent months.

If you asked me, I always feel that it is better for new investors to start with their home market to build their circle of competence with a RSP first, rather than jump immediately into stock picking as an inexperienced newbie.

Not convinced? Here's an example back test to illustrate.

Let's imagine 2 investors, both of whom invested in the STI ETF in January 2020 and held their investment until now. One chose to do it via a RSP system of \$500 a month, whereas the other had more cash on hand and chose to invest the entire sum upfront (\$500 x 45 months) in a single move:

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# Regular Savings Plan vs. Lump-Sum

into the Nikko AM Singapore STI ETF

January 2020 - September 2023 (45 months)



- \$500 monthly contribution
- on the 15th of each month  
(or the next working day if the 15th falls on a non-working day or a holiday)
- transaction cost: 0.82%

- \$22,500 upfront lump sum  
( $\$500 \times 45$  months)
- on 15 January 2020
- one-time transaction cost

## RESULTS

	Regular Savings Plan approach	Lump Sum approach
Total Capital (including transaction costs)	\$22,683	\$22,500
Total units invested	7,244 ✓	6,750
Average investment price	\$3.13 ✓	\$3.33
End period value	\$24,464 ✓	\$22,800
Dividends collected	\$1,647	\$2,740
Profit / Loss	15.11% ✓	13.31%



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For these 2 investors, we can see that the RSP approach to investing during this period in question (January 2020 till now) yielded slightly better returns, and it did not require the investor to have a large initial investment amount (\$22,500) to deploy right away on Day 1. Instead, the RSP investor was able to build up her investment holdings slowly over time, and in this period, ended up with even more units of the Nikko AM STI ETF than the lump-sum investor.

Now, this is not to say that regularly investing a fixed amount (a.k.a. Dollar Cost Averaging, or DCA) will always outperform lump-sum investing, as different time periods will yield different results:

- In a rising market, lump sum will generally outperform DCA. The premise here is that you would have been fortunate enough to time the market to have entered at the bottom (or near it) and you had the entire sum to deploy upfront at that point in time.
- In a U-shaped market, DCA generally outperforms lump sum investing.
- In a falling market, DCA generally outperforms lump sum investing.

Hence, you can see why DCA is such a great tool for investors, as it distances you from the emotional roller coaster that comes with investing. It doesn't require you to accurately time the market (something which [even Warren Buffett has admitted he hasn't the "faintest idea about"](#)) and neither do you need to have your entire investment capital right at the start.

This is not just all theoretical. Here's anecdotal evidence I found which shows there are real people in Singapore who have been disciplined about this and seen positive returns using a similar approach:



Image credits: Seedly forum, as shared by a blogger in his 40s

In the bestselling book “Atomic Habits”, author James Clear writes about how to make good habits inevitable and bad habits impossible:

*Make your bad habits more difficult by creating what psychologists call a commitment device i.e. a choice you make in the present that controls your actions in the future. It is a way to lock in future behaviour, bind you to good habits, and restrict you from bad ones.*

*The key is to change the task such that it requires more work to get out of the good habit than to get started on it. When the time comes to act, the only way to bail is to cancel the [commitment*

*device], which requires more effort and may cost money.*

*James Clear, from “Atomic Habits”*

And if you asked me, **setting up an RSP today can possibly be the one of the best commitment devices you can create for your financial future.** It will bind you to good habits (*of disciplined investing*) and restrict you from bad ones (*of attempting to time the market, or ditching your investments during periods of fear*). So when the time comes to act, the only way to bail is to terminate your RSP, which requires you to take the effort to do it but thankfully, will not cost you money as **there are no penalties or early termination fees** unlike an insurance investment plan.

## How do Regular Savings Plans (RSPs) work?

For those of you who are unfamiliar with RSPs, here’s a quick crash course.

An RSP is simply a regular investment plan that helps you invest a fixed sum of money into shares, exchange-traded funds (ETFs) or unit trusts (UTs) on a periodic basis every month. When you set up an RSP, you’ll be **automating your investments** to buy more shares when prices are low, and fewer shares when prices go up (see below chart from SGX Academy).

Most of us already do this naturally – stock up on something when it is cheap, and less when it is more expensive. The difference is that an RSP automatically does that for you, so you don’t even need to lift a finger every month to achieve that.

This is also known as Dollar Cost Averaging (DCA), which is a simple but effective

### Simple, Automated Process

RSS plans usually come with an automated investment facility put in place so you can always instruct the bank or your broker to automatically set aside a fixed amount for investing.



### Affordable and Flexible

RSS plans let you buy into selected shares affordably and usually have lower cost of transaction with no lock-in period.



### Variety of Stocks

With RSS plans, investors can choose to either buy single shares from a selection of blue-chip (STI) stocks or invest in the STI through the ETF that tracks the overall performance of the 30 largest companies listed on SGX.



### Dollar-Cost Averaging

RSS plans allow you to invest a fixed amount regularly regardless of the share price. This removes the need to time the market and figure out when is the best time to buy.



### How Does Dollar-Cost Averaging Work?



When share price is high, you buy fewer shares.



Conversely, when share price is low, you buy more shares.

Dollar-Cost Averaging takes the guesswork of investing out of the equation because your initial investment automatically buy less at market highs and more at market lows. Over time, the price you pay for your portfolio of shares would be averaged out.

Image credits: [SGX Academy](#). Note that RSS stands for Regular Shares Savings Plans, which refers to the same RSP term that we are using here in this article.

You can set up an RSP to dollar cost average into your choice of investments such as ETFs, unit trusts, individual stocks, etc. For most investors, as your investments add up over time, an RSP can be seen as one of your fundamental building blocks in your investment portfolio, providing you with a solid capital base towards having a decent nest-egg for your future.

### Who are RSPs suitable for?

Given the relative hands-off nature of RSPs, they're great for the following groups:

- People who do not have a large sum of money (e.g. young investors)
- Investors who may not have sufficient expertise, time, means and resources to monitor the market constantly, and react accordingly.
- Folks who can't be bothered to manually invest each time and prefer to automate their investments, since RSPs run on auto-pilot after your initial set up
- Parents who wish to invest for their children without too much effort

As a parent myself, I find RSPs a great tool to use for children if you're hoping to raise them to become financially savvy, while leaving them a legacy portfolio for when they come of age, at the same time.

You can [read my prior interview here with a corporate high-flyer who uses this exact same method for his kids](#).

### Setting up your RSP on FSMOne

I've talked about [how you can ride on Singapore's economic growth through various local ETFs offered by NikkoAM](#) a.k.a. one of the more reputable ETF managers here.

If you wish to automate that, you can consider setting up a regular savings plan via FSMOne's ETF RSP feature.

**Among the local RSP providers, I like FSMOne the most right now as their charges are the lowest at just 0.08%** (min. S\$1) per transaction ([source](#)). No other brokerage comes close, and the only cheaper way would be to do it yourself via a low-cost digital brokerage. If you have lots of time, discipline and energy but less money, then you can decide for yourself if the cost difference is worth the convenience of having it automated for you.

**P.S. You can now enjoy 0% processing fees for RSPs on FSMOne from now until December 2023!** As an investor, you can also select your desired frequency of how often you wish to buy into the ETF every month, up to a maximum of 4 times per month and with a minimum starting amount of just S\$50.

### Message from Sponsor

Make 2023 the year you start getting into a habit of investing regularly.

As a bonus reward, you might even walk away with some exciting prizes such as

From now until 22 October 2023, invest a minimum of S\$200 a month into any of

- Nikko AM Singapore STI ETF (G3B)
- NikkoAM-ICBCSG China Bond ETF SGD (ZHS)
- NikkoAM-StraitsTrading Asia ex Japan REIT ETF (CFA)
- NikkoAM-StraitsTrading MSCI China Electric Vehicles and Future Mobi
- Nikko AM SGD Investment Grade Corporate Bond ETF (MBH)
- Nikko AM ABF Singapore Bond Index Fund (A35)

And if you're a new FSMOne customer opening your account for the first time fo

For the full details of the promotion, find out more [here](#)!

Read [how to set up your ETF Regular Savings Plan on FSMOne here](#).

In the long run, the cumulative value of your RSP investments will naturally grow, boosted by the power of compounding. And the best part? You would have been able to benefit from the most overlooked eighth wonder in the world – compound interest (over time) – without even doing anything.

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“

Compound interest is the 8th  
the world. He who understands  
He who doesn't, pays

”



Compounding has a  
snowball effect on your  
investments.



Monthly RSP of \$800 a	
Duration	Es
10 years	
20 years	
30 years	

SG E

The above graphic shows the power of compounding, as seen through a purely illustrative example of a monthly RSP of \$800 at a return of 5% per annum. This is not based on any specific ETF, the historical actual returns of Nikko AM Singapore STI ETF, nor any unit trust specifically.

Disclaimer: Whether an RSP or lump-sum investing will work better for you is a deeply personal decision that you will have to make. There are no guarantees that either method will outperform the other as it depends on many factors, some of which have been highlighted. Investing involves a possible loss of your capital and automating your

*investments through an RSP does not protect you from this risk – nothing can. If you are not a full-time investor who is committed to monitoring the markets closely to act on lump-sum investing whenever the (time) opportunity appears, then doing dollar-cost averaging through an RSP may be an option you want to consider instead.*

Keen to learn more about the benefits of RSPs? [Read about regular investing on the Nikko AM website here.](#)

## TLDR Conclusion

As someone who has been investing actively for over a decade, the biggest mistake I see most people do today is not setting up their fundamental investment building blocks for their future.

If that's you, and you have been procrastinating on starting your investment journey because you didn't know how to or are too overwhelmed to start, then this article is for you.

If you ask me, I feel you can make a real difference to your own financial future when you [set up a Regular Savings Plan as a commitment device.](#)

With the ease of use, low minimum sums (from as little as \$50) and an easy set up – you can benefit\* from a RSP.

So [start investing today](#), even if it is just \$200 a month.

Your future self will thank you.

*\*Note: RSPs are still subject to investment risks.*

Important Note: Monthly investment plans in Singapore are all custodised accounts.

**Disclosure: This article is brought to you in collaboration with Nikko Asset Management.** All calculations and opinions are that of my own. Nothing in this post is to be taken as financial advice.

Information is accurate as of 3 October 2023.

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